## **Advanced Health Mr. Stiklestad**

#### **COURSE EXPECTATIONS**

The Advanced Health Education Course is an elective class designed to further the health education of each student. It will also help students be more aware of health as a daily part of their living, and to train each student with the knowledge and skills necessary to perform cardiopulmonary resuscitation and First Aid. Students will also have the advantage of exploring many health careers as a future profession. In addition, you will be researching and presenting on cutting edge technology related to Health.

## **CLASSROOM RULES**

- 1. Be RESPECTFUL to your peers, teacher and yourself.
- 2. Follow the rules the first time they are given.
- 3. Be in the classroom when the bell rings, wait to be dismissed by the teacher.
- 4. Bring needed materials to class. (pen/pencil, 3-ring binder, and paper).
- 5. NO FOOD IS PERMITTED IN THE CLASSROOM!!! If you bring food into the classroom I will throw it in the trash. The Nutrition Unit will be the only time you can bring in food.
- 6. No electronic devices in class (cell phones, ipods, calculator games, etc.)
- 7. All other school rules listed in the handbook.

## **GRADING**

40% Homework/Participation

40% Projects

20% Test

#### **ABSENCES**

It is the student's responsibility to make up all work, due to an absence. Any work NOT made up will result in a 0 grade. If you miss you get one extra day to hand in assignments.

#### **HOMEWORK POLICY**

Everyday homework is late you lose 10% off of the final grade

#### **CHEATING**

It is in the student's best interest to do his/her own work. Therefore, anyone who is caught cheating will receive a 0 on the work and the parents will be notified. (This includes the person who is cheating as well as anyone who allows it to happen.)

This is YOUR class!!! Have FUN with it!! Please feel free to ask any questions or discuss anything that you are concerned about. There will be times this semester where we will do what you want to do regarding Health, so come up with some ideas. The more you put into this class, the more you will get back from it. Let's have a GREAT semester!!!

# **General Class Outline**

- Discuss research projects and start projects
- Nutrition Unit
- Career Exploration
- CPR
- Cutting Edge Technology
- Sexuality
- Community Project